OCTOBER IS BREAST CANCER AWARENESS MONTH

WHAT TO KNOW — AND BUY — TO JOIN IN THE FIGHT. PAGES 18-

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De Blasio signs increase in 'living wage' for some

Politics. Mayor Bill de Blasio raised the minimum wage on Tuesday to $13.13 for thousands of low-income workers who are employed by private companies that receive more than $1 million in subsidies from New York City. PAGE 02

COMMUNITY.

ELASTIC CITY STRETCHES NYC'S IMAGINATION

PAGE 02

Amichai Lau-Lavie and Shawn Shafner take people on a Judeo-Pagan walk during the first week of the Jewish New Year as part of the Elastic City festival. / CAITLIN RUTTLE, ELASTIC CITY

CDC officials confirm first case of Ebola in US

PAGE 07

Design insight for your city apartment

PAGES 14-15

After three albums, Lykke Li never learns

PAGE 12

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1 NEWS

Today's tweet

"Whenever I barely miss a train in NYC I reflect on all the previous life decisions that I could've done differently."
@Awkward_Duck

Top 3

What's trending online at Metro.us

1 '"The Simpsons" had one of its best-ever couch gags, courtesy of Don Hertzfeldt'

2 'Say goodbye to Saturday morning cartoons'

3 'Wizards fans upset Pierce was wearing Celtics jersey at Jeter party'

Nisan Hayman's Elastic City walk on Monday night, "Twelve Grey Lemons," explored Persian New York. / MILES DIXON, METRO

Elastic City looks at NYC in new way

Manhattan. The artistic walks take place over 12 days.

Through Oct. 7, New Yorkers will be able to experience the streets they walk every day in a new way, if they're willing and open to the change.

Elastic City is a series of "participatory walks" — not tours — created five years ago by artist Todd Shalom. Shalom, 37, said the walks are more "experience-based" than tours, which are "fact-based." Different artists host the walks, which aim to give participants a "new perspective on place, form and community."

The walks previously were held over a six- to eight-month period. This year, the walks are concentrated into a 12-day festival.

"It's great," Shalom said. "All of that excitement is now bursting, and so many things are happening."

Changing perceptions

"I think I would be delighted if someone walks away with one new perspective of what they experience every day, certainly delighted if new friendships are formed and if new perceptions of space or of neighborhoods are made." Todd Shalom

Visit **Metro.us** to see more photos and find out more about Elastic City.

Walks so far have included "Let It Go: A Tashlich Walk," which draws on an ancient Jewish ritual of walking toward a body of water as a way to start fresh in the new year. The walk is hosted by Amichai Lau-Lavie, who is carrying on his family's nearly 40 generation tradition to become a rabbi, and Shawn Shafner, an artist who explores waste and our relationship to it. The Tuesday night walk started in Hell's Kitchen, and participants walked to the Hudson River, where they cast off an item of clothing.

Upcoming events include Wednesday's walk by Aerialist Kristin Geneve Young, who will invite participants to challenge their sense of equilibrium by walking with closed eyes.

Shalom will co-host a walk with Sarah Schulman and Niegel Smith on Sunday in the West Village, which looks at the "gentrification and crashing of different classes" from a "very queer perspective."

Elastic Walks continues through Tuesday, Oct. 7, and ends with a benefit for the festival at Jack Geary Contemporary gallery on Varick Street, which Shalom said will help keep the festival free and pay the artists well.

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Queens

Man arrested in cabbie stabbing

The NYPD has arrested a man they believe is responsible for stabbing and robbing a cab driver in Queens last week.

The driver, Fernando Crespin-Santos, 30, picked up the suspect, Kenneth Suden, last Thursday at 1 a.m. in Cypress Hills, Brooklyn. Police said Suden asked the driver to take him to Queens. Then, Suden demanded money from Crespin-Santos while holding a knife to his throat.

The driver was stabbed numerous times in the torso, arm and hands, before he escaped, police said.

The victim, found lying on 70th Avenue, was taken to Elmhurst General Hospital. The Queens District Attorney's office said Crespin-Santos received lacerations, a collapsed lung, severed stomach and liver from the attack.

Suden was arrested Monday on charges of attempted murder, robbery, felony assault and criminal possession of a weapon, police said.

Queens DA Richard Brown said Tuesday Suden has been charged with robbing a grocery store hours before he allegedly stabbed the cab driver. **METRO**

Kenneth Suden / NYPD

Bill de Blasio / GETTY IMAGES

Manhattan. Mayor de Blasio raises minimum wage for some workers across New York City

Mayor Bill de Blasio signed an order Tuesday that will raise the minimum wage for workers employed by private companies that receive more than $1 million in city subsidies.

The order, which took effect as soon as the mayor signed it, raised minimum wages to $13.13 for employees without health insurance, and bumped it up to $11.50 if workers receive benefits.

De Blasio said some 18,000 employees of private companies in retail, food service, construction and other industries will receive higher wages over the next five years.

The signing was held in St. Mary's Park in the Mott Haven neighborhood of the Bronx, with a median household income of $20,000 annually.

Before signing the order, de Blasio said a single parent working full-time and making minimum wage in NYC makes $270 above the poverty line.

"So, sadly, a minimum wage job means you're on the verge of poverty, even if you're working a full work week," de Blasio said. **WENDY JOAN BIDDLECOMBE**

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The building that Demid Lebedev climbed, 432 Park Avenue, is currently under construction. / CIM GROUP & MACKLOWE PROPERTIES

Teen busted for climbing to top of skyscraper

Manhattan. The police allegedly caught him after he posted pics on Instagram.

In a quest to take a snappable Instagram pic, 17-year-old Demid Lebedev reportedly scaled one of the tallest buildings in Manhattan, located at 432 Park Avenue. He was later arrested by police on Monday night, after he posted a set of photos from his exploits onto his Instagram account, @demidism.

The site also belongs to "Outlaw Instagrammers," a group that famously scales buildings and bridges in hopes of capturing daredevil photos that will trump those taken by their peers.

Lebedev describes himself as an "urban historian" on his page and his feed includes several shots that are taken from dizzying heights across the city. "I went to heaven and back," he wrote, on one of the photos taken during the Park Avenue climb.

The NYPD said they brought him in for questioning about the images on his Instagram account. One shows the city draped in low clouds and another illuminating the streets through cloud cover, along with at least two others from atop the tower.

This happens just seven months after the stir created by 16-year-old Justin Casquejo, who was charged with trespassing when he slipped past security and climbing to the top of 1 World Trade Center's spire in March.

Heavenly experience

"I went to heaven and back."

Lebedev,
supposedly written on one of the photos he posted on Instagram

SONIA TALATI
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Brooklyn

Teacher charged in sex abuse case

A high school science teacher was arrested at court on Tuesday on charges of sexually abusing six teenage girls, prosecutors said.

Sean Shaynak, 44, was arraigned on 36 counts, including kidnapping, unlawful imprisonment, disseminating indecent material, and sexual abuse, according to the criminal complaint. REUTERS

Brooklyn. Cops shoot knife-wielding man

A police officer shot and killed a man on Monday trying to gain entry to an apartment bathroom on Ocean Parkway, cops said.

Officers went inside the apartment after receiving a 911 call that a man, 47, was armed with a knife. Police fired when he refused to drop the knife, leading to his death.

While this was ongoing, a 51-year-old male entered the apartment and sustained trauma from the incident. He was later pronounced dead.

The knife / NYPD

A female and her two children who had locked themselves in the bathroom were unharmed. METRO

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New York City

The cocaine / CUSTOMS AND BORDER PROTECTION

Officers find cocaine in sauce containers

Airport customs officers reportedly found more than food when they opened 22-year-old Reynalda Ricando's handbag holding plastic sauce containers on Sept. 22 at John F. Kennedy Airport.

According to U.S. Customs and Border Protection, officers discovered pounds of a tar-like mass and a white powdery substance that later tested positive as cocaine. In all, customs netted over three pounds worth of cocaine with an estimated street value of $58,000.

Ricando was flying in from Mexico City but will be prosecuted in New York City.

"Cocaine is a dangerous narcotic, and CBP does its part in keeping these drugs off the streets," said Robert E. Perez, director of Custom and Border Protection's New York Field Operations. **METRO**

NYC eats big on Michelin stars

Five boroughs. City restaurants collected a record-breaking number of the coveted awards.

A record 73 restaurants in New York City collected coveted Michelin stars on Tuesday as a mix of trendy spots and fine-dining stalwarts underscored the Big Apple's standing as a top-notch U.S. culinary destination.

In the 10th edition of its New York City restaurant guide, Michelin awarded stars to five more restaurants than in its previous edition. It also recognized the burgeoning food scene in Brooklyn and Queens, where 14 restaurants received stars.

"Manhattan remains the anchor of the dining scene, but there are really exciting things happening all over," said Michael Ellis, international director of the Michelin Guides.

Michelin gave out three stars, its highest honor for "exceptional cuisine, worth a special journey" to six restaurants — Eleven Madison Park, Jean-Georges, Le Bernardin, Masa, Per Se in Manhattan, and Chef's Table at Brooklyn Fare in Brooklyn. **REUTERS**

Good food

Michelin rates restaurants in 24 countries and its stars are an internationally recognized sign of quality dining.

- The 2015 New York guide, which goes on sale on Wednesday, reviews 60 diverse types of cuisine that include burgers and Ping-Sai-Ua-Moo, a Laotian sausage.
- Michelin's updated guides for Chicago and San Francisco restaurants will be launched on Oct. 22 and Nov. 12.

Celebrity chef Daniel Boulud's flagship restaurant lost a star from its three-star rating a year ago. / GETTY IMAGES

NYC. Driver charged in fatal hit and run

The NYPD has arrested a man they say is responsible for a fatal hit and run in Manhattan last weekend.

Doohee Cho, 33, was hit at 3:15 a.m. Saturday as he attempted to cross Fifth Avenue between East 16 and East 15 streets. He was hit by a white sedan that fled the scene, police said.

Paramedics found Cho in the road with severe head trauma, and he was pronounced dead on arrival at Bellevue Hospital.

The NYPD released a video of the vehicle, and the suspect, Macgyver Beltran was arrested on Tuesday, police said.

Beltran, 25, of Pennsylvania Avenue in Brooklyn, is facing charges of leaving the scene of an accident involving death. **METRO**

Young life

33

Doohee Cho was only 33 years old when he was killed by a hit-and-run driver.

NYC. Suburban kids move to city: Report

From the 1950s to the 1980s, families in the New York City area fled to the outer suburbs, but their offspring are heading back to eight counties that make up the city's core, according to a report released on Monday.

For the first time since World War II, population growth from 2010-2013 in the core outpaced the suburbs by double, according to a report from Rutgers University.

"The core accounted for the great majority (69.3 percent) of the region's total population growth — the suburban ring just 30.7 percent," the report said.

The core includes five New York and three New Jersey counties. **REUTERS**

The report said people are moving closer to NYC.
GETTY IMAGES

The patient was isolated for two days after seeking treatment at Health Presbyterian Hospital in Dallas. / GOOGLE MAPS

CDC confirms first Ebola case diagnosed in US

Patients. The previous U.S. patients were medical or aid workers who were diagnosed while in West Africa.

U.S. health officials said on Tuesday that the first patient infected with the deadly Ebola virus has been diagnosed in the country after flying from Liberia to Texas, in a new sign of how the outbreak ravaging West Africa can spread globally.

The patient sought treatment six days after arriving in Texas on Sept. 20, Dr. Thomas Frieden, director of the Centers for Disease Control and Prevention (CDC), told reporters on Tuesday. He was admitted two days later to an isolation room at Texas Health Presbyterian Hospital in Dallas.

U.S. health officials and lawmakers have been bracing for the eventuality that a patient would arrive on U.S. shores undetected, testing the preparedness of the nation's health care system.

Frieden said a handful of people, mostly family members, may have been exposed to the patient after he fell ill. He said there was likely no threat to any passengers who had traveled with the patient. Asked whether the patient was a U.S. citizen, Frieden described the person as a visitor to family here.

"It is certainly possible someone who had contact with this individual could develop Ebola in the coming weeks," Frieden told a news conference. "I have no doubt we will stop this in its tracks in the United States."

The Texas Department of State Health Services said it was working with the CDC, the local health department and the hospital "to investigate the case and help prevent transmission of the disease." **REUTERS**

Quoted

"The hospital has implemented infection control measures to help ensure the safety of patients and staff."

Texas Department of State Health

Security

Lawmakers scold Secret Service over White House breach

U.S. lawmakers scolded the head of the Secret Service on Tuesday over a security breach that allowed a knife-wielding intruder to run deep into the White House, and director Julia Pierson promised them it would never happen again.

Pierson acknowledged that the agency charged with protecting the president had failed on Sept. 19 when it allowed a man to jump the fence at the home of the president, burst through the front door and run into the East Room, which is used for events and receptions.

"This is unacceptable and I take full responsibility," she told a U.S. House of Representatives committee investigating the incident, promising a complete review of agency procedures.

"We are all outraged within the Secret Service at how this incident came to pass. It is self-evident mistakes were made," Pierson said.

Pierson said that the front door of the White House now has an automated lock when there is a security breach. It did not have one at the time of the intrusion. **REUTERS**

SECRET SERVICE DIRECTOR JULIA PIERSON / GETTY IMAGES

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Today's winner

To enter your submission for the Metro Photo Challenge to win $5,000 cash prize, go to **www.metrophotochallenge.com.**

'Charles River'

Christian Ponce, Somerville, Mass. Category: My City's Magic

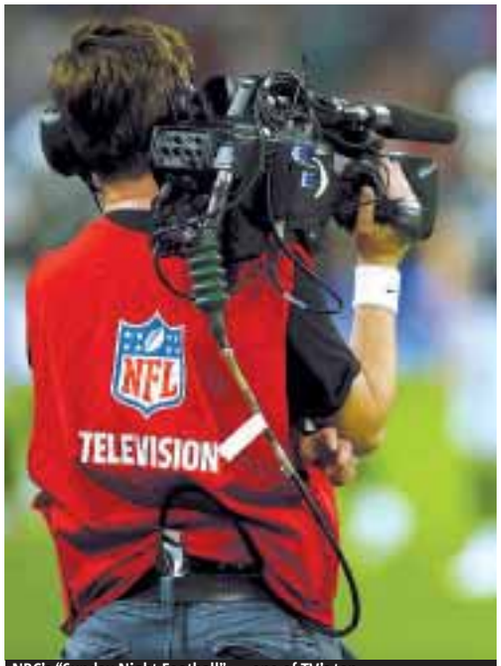
Medical marijuana

Maine police searching for fake cops after pot robbery

Police are searching for three armed men who dressed as law enforcement officers to steal medical marijuana plants from a licensed grower in the small central Maine town of Winterport.

Wearing outfits bearing a "sheriff" insignia, American flag patches and tactical vests with the "SWAT" logo, which real police said were widely sold online, normally to buyers seeking Halloween costumes, the three men stormed the grower's garden on Sunday and were caught on surveillance video. REUTERS

NFL TV ratings rise despite domestic violence concerns



NBC's "Sunday Night Football" — one of TV's top programs — has averaged 21.8 million through the first three games, a two percent rise from last season. / GETTY IMAGES

Commissioner. Roger Goodell has been widely criticized for his uneven response to abuse cases.

Americans are tuning in to NFL football in greater numbers than last year, according to early season viewership figures, signaling the league's fumbled handling of domestic violence cases has not dented its overall popularity.

Through the first three weeks of the season, audiences watching nationally televised primetime broadcasts have risen and nearly all networks have seen an uptick in viewership so far this season.

"I'm not going to stop watching football," said Los Angeles lawyer Conor Flahive, 26.

The NFL's domestic abuse crisis was touched off when Goodell suspended former Baltimore Ravens star Ray Rice two games for punching his fiancee, now wife, unconscious, a punishment many believed was too light.

CBS has drawn 19.5 million viewers on average to its Sunday afternoon NFL games, according to Nielsen data, an increase from its 17.8 million it averaged over the course of last season, continuing the NFL's run as a ratings juggernaut. REUTERS

Quoted

"Obviously, they did a bad job handling it."

Flahive said, echoing much of a public sentiment that heaps blame on the NFL higher-ups while stopping short of turning their backs on the league in general.

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Olympian. Phelps arrested on charges of drunken driving

Phelps has landed in hot water over a DUI charge. / GETTY IMAGES

Olympic swimming champion Michael Phelps was arrested for drunken driving early on Tuesday after speeding and then crossing the double lines inside the Fort McHenry Tunnel in Baltimore, Maryland Transportation Authority Police said.

Phelps, 29, was clocked by radar at around 1:40 a.m. traveling 84 miles per hour in a 45 mph zone, police said.

The 18-time Olympic gold medalist was booked and released.

Phelps, the most decorated Olympian of all time with 22 medals, was "unable to perform satisfactorily a series of standard field sobriety tests," police said.

Police said the officer followed Phelps's 2014 Land Rover onto northbound Interstate 95, through the tunnel, and pulled him over just beyond the tunnel's toll plaza.

The Baltimore native was cooperative "throughout the process," police said in a statement.

REUTERS

Film

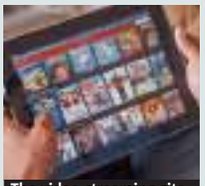
Netflix co-producing 'Crouching Tiger' sequel

Netflix Inc. said it is jointly producing the sequel to the Oscar-winning movie "Crouching Tiger, Hidden Dragon" with Weinstein Co., marking its entry into feature film production.

"Crouching Tiger, Hidden Dragon: The Green Legend" will release exclusively on the online video service and in select global IMAX theaters next August, Netflix said.

The film is a sequel to Ang Lee's martial arts epic released in 2000.

REUTERS



The video-streaming site
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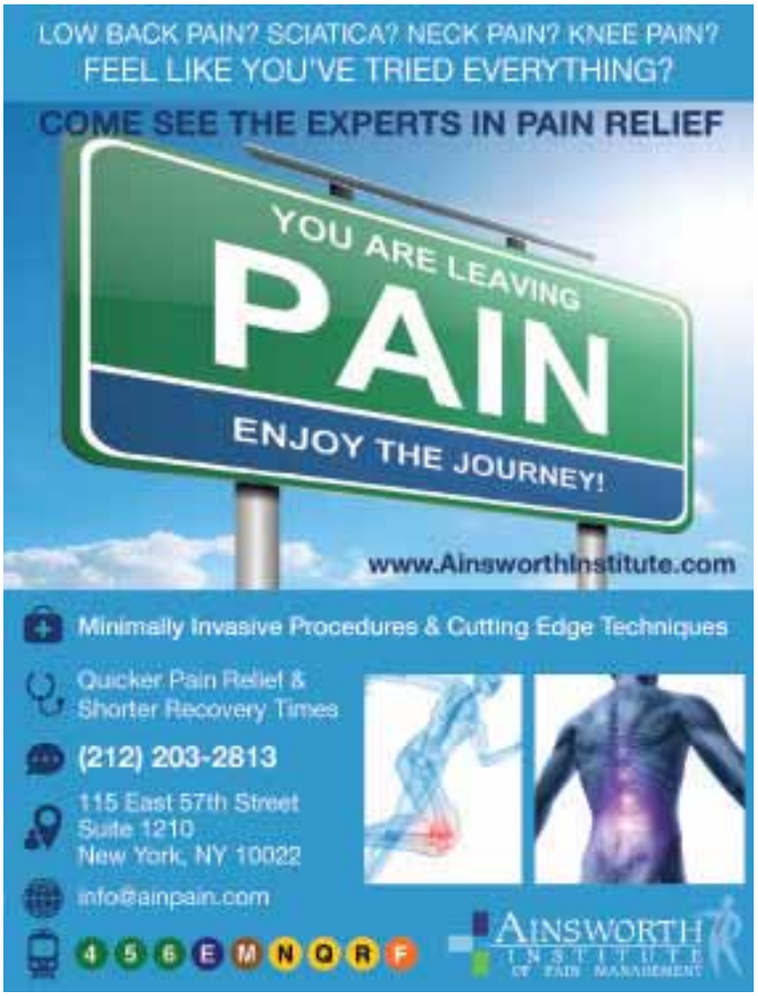
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2 CULTURE

Twitter feed

Today, Katt Williams is focusing on everyone's similarities, Karen Gillan is feeling pretty cool and Seth MacFarlane is reimagining "The Hunger Games."

@KattWilliams every family got a plastic bag full of plastic bags

@KarenGillan2 Me and Pee-wee Herman are in the music video for TV ON THE RADIO'S new song HAPPY IDIOT

@SethMacFarlane "Well actually Katniss, we don't want to label anyone a 'winner' or a 'loser.' Now, everyone line up for your participation trophies."

Guess who's back? Amanda Bynes!

You know who we haven't heard from in a while? Amanda Bynes. Well, that dry spell is over, because she's back! The conservatorship giving her parents control over her life and finances ended earlier this month, and right on cue, we have the former Nickelodeon star's first run-in with the law. Bynes was arrested over the weekend for driving under the influence after cops in Sherman Oaks, California, saw her stop at a red light — in the middle of the intersection. Police charged Bynes with a misdemeanor after they "determined she was under the influence of a controlled substance," according to E! News, though exactly what substance is still a mystery.

We hope Bynes still has her favorite blue wig (seen here in a photo from 2013). / GETTY IMAGES

And that's not all. Bynes is making up for troubled starlet lost time, as Radar Online reports that she's flunked out of the Fashion Institute of Design and Merchandising, where she'd been studying since getting out of rehab last year.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

Which of these handsome gentlemen would you choose to support? / GETTY IMAGES

Damon's toughest choice: Clooney or Affleck

Having to choose between famous friends can be tough, as Matt Damon learned when he chose to head to Italy for George Clooney's wedding, missing Ben Affleck's "Gone Girl" premiere in New York the night before. And the choice apparently did not go unnoticed by Affleck's wife, Jennifer Garner. "Jennifer was furious that Matt didn't go to the premiere. She flipped out that he ditched his best friend on his big night to go to George's wedding instead." Oof. Way to get on your best friend's wife's bad side, Matt. Funny thing, though — from perusing the red carpet photos of the "Gone Girl" premiere, you know who else apparently wasn't there? Jennifer Garner, who was in Los Angeles the next morning to do press for her own new film. Maybe she was projecting? And in Damon's defense, Affleck has had — and will continue to have — a lot of movie premieres. Clooney's only going to get married maybe a handful more times.

Gawker gets Lena Dunham's attention

Lena Dunham was originally planning to have the opening acts on her upcoming, sold-out book tour perform for free, but that was before Gawker pointed it out. Now Dunham has changed course, announcing that the acts — ranging from comedians to gymnasts to ukulele players — will be compensated. "Some good points were raised and I've ensured that all opening acts will be compensated for their time, their labor and their talents," Dunham tweeted. "The fact that Gawker pointed this out really proves Judd Apatow's saying that 'a good note can come from anywhere.'"

The Donald: 'Maybe I'll sue' prankster Philip Bradbury

Donald Trump is unhappy with comedian Philip Bradbury, who got him to retweet a photo of serial killers Fred and Rosemary West by tweeting that the photo was his parents, who'd called Trump a "big inspiration." Whoops. "I thought I was being nice to somebody re their parents," Trump tweeted later. "Maybe I'll sue."

A David Fincher 'Star Wars'? Nah

Director David Fincher tells Total Film he met with Lucasfilm about "Star Wars," but, "My favorite is 'The Empire Strikes Back.' If I said, 'I want to do something more like that,' then I'm sure the people paying for it would be like, 'No! You can't do that! We want it like the other one with all the creatures!'"

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Jonathan Blake lives on

Visit **Metro.us** for an interview with "Pride" actor Bill Nighy.

Interview. One of the first men in the U.K. diagnosed with HIV talks to us about the new film "Pride."

The charming and heart-warming new film "Pride" tells the surprising true story of a group of gays and lesbians who rallied to support British mine workers in 1984 despite their help being not entirely welcome at first. But nestled within is the equally inspiring story of Jonathan Blake, one of the members of Lesbians and Gays Support the Miners, and one of the first men in the U.K. diagnosed with HIV. Blake, who recently celebrated his 65th birthday, shared some of his story with us.

His first reaction

"I was diagnosed with HIV in October 1982, very early on. And in those days it was a death sentence, so I took it badly. Who wouldn't, essentially? That December, I tried to commit suicide, but being totally anal, I couldn't bear the thought of somebody having to come and clear up the mess after me. And so I thought, all right, if that's the case then you'd better get on and live."

What it felt like to see a movie based on his own life

"We had done this big benefit, Pits and Perverts, in the Electric Ballroom in Camden, and [the film's distributor] Pathe had basically taken over the Electric Ballroom for the premiere after-party. And on top of that, they had got Jimmy Somerville from Bronski Beat, who had sung at the original, to sing. He started singing, and you were zipped straight back to 1984. I mean, it was just extraordinary. We all thought that we would take this history to our graves, and that would be that."

The real Jonathan Blake, center, poses with Dominic West, right, the man who plays him in "Pride." PHILIP CHEUNG, GETTY IMAGES FOR CBS FILMS

"Pride," out in theaters, is about gay rights activists teaming with striking miners. / NICOLA DOVE

Seeing Dominic West play you — sort of

"I'm very happy to be Dominic's Jonathan. It's very, very strange. But I never felt that I was being portrayed, but the intentions are there. Obviously it isn't me, but there is that sort of sense. And I like him."

Not slowing down

Learning to live with his status

"I've always kept busy. That was the important thing. The more one did, you didn't have to think about the virus, dying, dealing with stuff. Because it was a wretched time; the gay community was being decimated by this virus. I'm 65, I'm still here. I should've been dead years ago. And there's a strange sort of thing, which is survival guilt. ... But for me, the essential thing was to keep busy, keep moving and maybe it will just miss you. So I did!"

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It seems Lykke Li will 'Never Learn'

Lykke Li plays Radio City Music Hall at 8 p.m. Saturday, Oct. 4. / JOSH OLINS

Live. With her third studio album out now, the Swedish songstress talks touring, songwriting and growing up.

Lykke Li's new album, "I Never Learn" completes a truth-telling trio of albums, the last of three she was contracted to make when she signed her record deal with LL Recordings. But contracts aside, there is a deeper connection here.

"I knew that I was embarking on a journey that was going to take me three albums to complete," the 28-year-old Swedish chanteuse tells us. "But also, I made a choice early on, on my first record, to write very autobiographically about the pains and hardships of being a young woman. ... I realized I already started making a trilogy subconsciously, and then I ended it with 'I Never Learn.'"

Although wisdom and sophistication are palpable in both of her previous efforts — 2008's "Youth Novels" and 2011's "Wounded Rhymes" — her latest is by far the most mature and comprehensive of the three. Inspired and written post-breakup, the album details the raw feelings and emotions that aren't always paired with such catchy melodies. "I let my good one down / I let my true love die / I had his heart but I broke it every time," she sings on the lead single, "No Rest for the Wicked."

Hurt, shame, sadness, guilt and longing are her specialties.

"When I write, I just write whatever I'm feeling and I try to not censor myself," she says, "as I know that the truth is the most powerful."

The woman who shuffled into our consciousness with "Dance, Dance, Dance" six years ago is all grown up.

"That's what naturally happens to you as a woman. You are someone at 21, and you're someone else at 28, hopefully," she says. "And hopefully, you've lived and learned and crashed and burned."

KASIA PILAT
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letters@metro.us

Quoted

"When I write, I just write whatever I'm feeling and I try to not censor myself, as I know the truth is the most powerful."
Li

Up next

Music, modeling and mezcal?

Lykke Li's talents transcend songwriting and performing. In addition to a contract with VIVA Model Management agency, an acting gig in the 2014 Swedish crime film "Tommy" and an appearance on "The Troubles," the last song on U2's just-released "Songs of Innocence," Li also tells us that she plans to start a mezcal company. But her music is never far from her mind.

"I always want to grow as a songwriter," she says. "So whenever I'm done with a tour, I'm going to write songs."

Go big on Oktoberfest in the outer boroughs

These restaurants offer the rare luxury of space, which is hard to come by in the city, some great deals and an oompah band or two to discover.

Radegast Hall & Biergarten

113 N. Third St., Williamsburg: The live music is year-round here. On Thursdays, score a free bratwurst with a liter of beer, or get a half-liter for $5. Tuesday through Friday from 5-8 p.m., food-and-beer pairings start at $13.

Bohemian Hall Beer Garden

29-19 24th Ave., Astoria: The large picnic tables at this huge outdoor venue are first come, first served and family friendly. From 5-7 p.m. Monday through Friday, you'll find $4 beers. Weekends through Oct. 12, there's a special menu, beer tastings and live entertainment.

Killmeyer's

4254 Arthur Kill Rd., Staten Island: Dine at the king of food specials, with 100 beers on the menu. There's an all-you-can-eat buffet on Mondays and Tuesdays, Wurst Wednesdays and kids eat free on Thursdays. Daily from 4 p.m-7 p.m. you'll find half-price beer and potato pancakes.

Bronx Beer Hall

2344 Arthur Ave.: This place only serves craft beers made in New York state. For Oktoberfest, they are doing tap takeovers to showcase local brewers' seasonal beers. The menu includes sausages, burgers and chili.

For exclusive commentary, visit Metro.us/blogs.

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MONICA DINATALE

Monica DiNatale is a bargains expert, food host and author of "365 Guide New York City," a treasure trove of restaurant deals and bar specials in NYC available in paperback and e-book.

The weekly Yelp. Fried chicken

Summer is officially over; we'll wait while you shed a quick tear. Farewell to weekends in Montauk and gallons of rosé — hello to heartwarming soul food. You can work on your beach body in 2015. For now, enjoy some delicious fried chicken.

This is the Avenue A fried chicken and waffle sandwich at Root & Bone. Welcome to delicious! / SHAWN H., YELP

Root & Bone

200 E. Third St., East Village Root & Bone cooks the chicken under high pressure to ensure that none of the juiciness is lost in the process. The skin is crispy and has an interesting lemony taste to it that feels both rural and a twist on traditional Southern fried chicken. **MORGAN W.**

Amy Ruth's

113 W. 116th St., Harlem The Reverend Al Sharpton ($12) is the chicken and waffles. It came with two sizable pieces of fried chicken and a generously sized waffle. The waffle was quite good, but it's the fried chicken there that is insanely good. **MIKE C.**

Sweet Chick

178 Ludlow St., Lower East Side The chicken and waffles, they completely stole the show. The chicken was moist, crunchy and flavorful. The waffles were crunchy bites of clouds. **KANCHANA S.**

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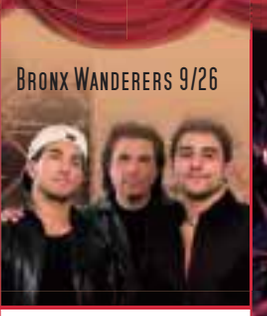

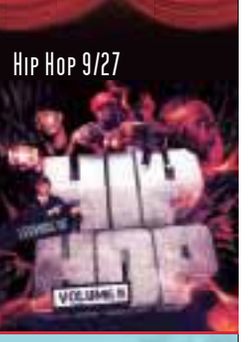

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An essential addition

"Look for nightstands with drawers instead of just a cute side table. You want stuff that adds storage." Henderson

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Small space solutions

Tips. Design expert Emily Henderson shows us how to upgrade our cramped quarters.

Anyone who follows Emily Henderson — HGTV host and Target's new home style expert — on Instagram or her (super fun) website knows that the designer is hysterically funny, and she's also currently renovating her new Los Angeles home. The design star takes a break from fixing up her dream house to think back to her NYC days in a tiny Spanish Harlem apartment. She shares some tips for living in a challenging city space.

Avoid sensory overload

"The overall philosophy is if you live in a small space that's dark, the more contrast you have, the smaller it will look," says Henderson. Her advice: "Limit the color palette and limit the amount of patterns." But, stresses the designer, "With the patterns you do include, try and keep the contrast down." For example, instead of getting a huge black-and-white rug, get a gray-and-white rug that's more tonal.

On bringing in color

"If you love color, paint your walls a white (if you have natural light) or neutral, because it means you're going to consistently buy things that are colorful." Henderson

But no stark white walls

Despite popular belief, "people in small spaces with no natural light shouldn't paint their walls white," says Henderson. "It just looks flat and dead." She says to go with a tone such as a medium gray. "You just want some sort of pigment in the paint in order for it to have life."

TINA CHADHA
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EMILY HENDERSON / PROVIDED

Her must-haves for tiny rooms

- "Think about reflective surfaces. Glass, Lucite and metallic items reflect light around and make a place appear brighter."
- "Plug-in sconces keep lamps off your tables and provide more light."

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A clear coffee table is perfect for small spaces. Cb2's clear coffee table is $279 at Cb2.com. / CB2

Three fixes

In her NYC pad

1 "I did a lot of brackets and shelving on the walls to keep things off of surfaces. Surfaces can get cluttered really easily. So use your wall space and go vertical."

2 "I chose a lot of pale colors that went together, with low contrast. So it felt softer and less messy."

3 "I was obsessed with temporary furniture like folding chairs and folding tables — especially vintage ones. Also, multifunctional pieces like stools that act as cocktail tables and chairs."

Use your wall space for shelves, says Henderson. / THINKSTOCK

NYC makeover

You can find this awesome wallpaper at AimeeWilder.com. MATT HARRINGTON

Animal Haven

Henderson shares her new house with her husband, beautiful baby boy and two cats. The designer — an animal lover— recently partnered with Arm & Hammer Clump & Seal cat litter to make over the cattery at Animal Haven, a no-kill animal shelter in SoHo. (Shortly after, all the cats in the cattery were adopted. Coincidence? We think not.)

Bring some of this magic into your own home. Head to www.metro.us for Henderson's design tips for living with a furry friend.

And if you're looking to adopt a pet, Animal Haven is located at 121 Centre St.

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Buildings such as 400 11th Ave. are going up in Hudson Yards. / PROVIDED

The next big NYC real estate projects

Development. The largest plans currently in the works.

An office building in Hudson Yards, a new hotel in Long Island City, a six-story residential development in the Bronx: the connection? The three projects were among the top 10 biggest permit applications recently filed with the city's Department of Buildings.

400 11th Ave. /3 Hudson Boulevard

1 The Moinian Group filed a permit to construct a new building in Hudson Yards. While the application with the Department of Buildings asks for 466,256 square feet in commercial space, the building's website announced that the entire tower will be 1.8 million square feet. The permit also states that the building will be 15 stories and will include 72 parking spaces. However, the building's website advertises that the tower will be 66 stories tall.

44-26 Purves St.

2 Brause Realty applied to build a 207,053-square-foot residential tower at this Court Square location in Long Island City. The project includes 517 square feet of commercial space and 206,536 square feet of residential, divided over 270 units. This tower — which will be 33 stories and 374 feet tall — is one of multiple residential developments in the area. **CLAIRE MOSES**

The Bronx

950 Summit Ave.

3 Bronx-based developer JCAL Development, under the moniker 950 Summit Ave LLC, applied to construct a six-story, 55,740-square-foot residential building on a currently empty lot in Highbridge in the South Bronx. The application calls for 58 units in the building, which will be 54 feet tall. New York-based Aufgang Architects is designing the structure.

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL

Celebrity. Kelly Ripa sells SoHo penthouse at a huge discount

Talk show host Kelly Ripa and hubby Mark Consuelos sold their penthouse at 76 Crosby St. for $20 million, according to property records.

The 6,800-square-foot spread hit the market in January 2013 for $24.5 million, StreetEasy shows.

The listing entered contract this past May; reports at the time said the home was expected to sell at "a considerable discount." Ripa and Consuelos bought the unit for $9.5 million in 2005 then renovated it.

The penthouse comes with 12-foot ceilings, a Jacuzzi tub, a gym and a second dining space.

An added perk of the property is its 3,100-square-foot roof deck with an outdoor fireplace, kitchen, hot tub and shower. **ZACHARY KUSSIN**

Kelly Ripa recently sold this SoHo penthouse. / DAVID PALER

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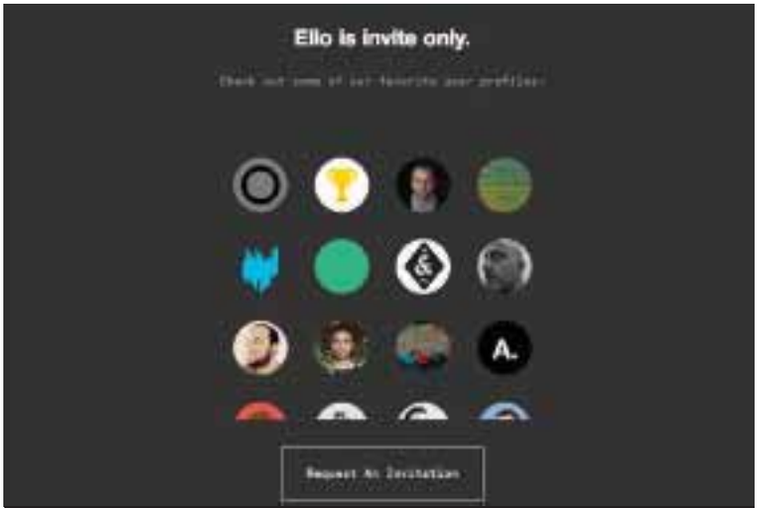
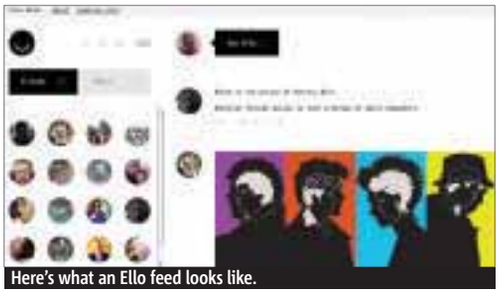
THE REAL DEAL



The new social media giant Ello boasts a Spartan design and is invite-only. / ALL PHOTOS PROVIDED

Ello or goodbye? It might be the latter

Online. The new social media monster might be too modest (and clumsy) to be the next Facebook.


Here's what an Ello feed looks like.

It's likely that sometime last week, your feed on Facebook or Twitter suddenly lit up with people seeking others to join them on something called Ello (Ello.co). Modern technology moves fast, and a term that just seven days ago was a Cockney attempt at saying hi is now the latest social media behemoth: the beast that may finally replace Facebook the way Facebook replaced MySpace — or simply disappear into the ether that swallowed Friendster.

The makers behind Ello swear it's different, and its modesty could either make or break it. "Your social network is owned by advertisers," begins the site's manifesto. "Advertisers buy your data so they can show you more ads. You are the product that's bought and sold."

Right now Ello is still invite-only, and they're reportedly fielding 40,000 requests an hour and are so backed up and understaffed they're slow to respond, to patrons as well as press.

So far the plan seems to be to charge, modestly, for certain "special features," but it's not clear what those are or if they'll add up to dollars that can keep it afloat. Right now, Ello sounds too good to be true.

Pros and cons

What you can do (now)

So far, Ello is mostly restricted to status updates, in the form of text, images and gifs (but not yet video) and connectivity. It doesn't require your official name, as Facebook does, so actually finding people has proved difficult. (You need to know people's handles — which right now you can nab from Twitter or Facebook.) There's an upside to this, though: When Facebook made the controversial decision to force drag queens to use their real names, not their stage ones, they claimed that might open them up to abuse. Ello grew in stature right on cue, meaning many in the LGBT community have flocked there.

What you can't do (now)

You can't flag inappropriate content, meaning you could still conceivably find a pair of breasts or an unclad male member popping up on your work screen. There's no private messaging, no private accounts and no app version to consume your life at all times. Perhaps most tragically this drab world is no place for emojis. It also does not seem to function well using Safari, which can turn a minimalist site into one that simply doesn't work to its fullest capabilities. It's also, thus far, ineffective in fighting off attackers: On Sunday, the site went down for 45 minutes thanks to suspected hacking. It was its first, maybe of many.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Opening

J.Crew's Brooklyn debut

Big brands are infiltrating Brooklyn. Last Friday, J.Crew opened the doors to its newest location at 234 Wythe Ave. in Williamsburg.

This marks the first-ever Brooklyn store for the preppy American retailer, which is doing its best to cozy up to its neighbors. Opening festivities included bites by smaller businesses in the area. J.Crew also collaborated with local artists such as Naomi Reis to create the neighborhood-specific look of the space.

"I've lived in Brooklyn; I know people want it to feel intimate. I think we've made a concerted effort to try and be respectful of the community and, you know, try to come in gently," creative director Jenna Lyons said in an interview with Brooklyn Magazine. METRO

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I'M FOR CLIMATE ACTION

Retail therapy

These companies are showing their support not only by making their products pink for Breast Cancer Awareness month, but also donating to research.

EVA KIS

Asics GT-1000, $100

Asics' third pink collection, in collaboration with Christina Applegate's Right Action for Women, includes this pink-accented version of its best-selling GT-1000 3 PR sneaker. The company has pledged up to $150,000 based on sales.
www.rightaction forwomen.org

Nike Fast Pace Running Top, $32

JCPenney Cares supports various organizations that raise awareness and provide services like mammograms. This month, in-store purchases will be rounded up to the nearest dollar to benefit the Breast Cancer Research Foundation and the National Breast Cancer Foundation.
www.jcpenney.com

LOFT jewelry $69, $39.50

LOFT partnered with local jewelry design duo HOLST+LEE to create a limited-edition set of earrings and necklace, with 70 percent of the purchase price going to support the Breast Cancer Research Foundation through Nov. 15.
www.loft.com

Nine West

Something blue

For a fifth year, Nine West will raise awareness and funds for breast cancer through in-store and social media campaigns to benefit Fashion Targets Breast Cancer. Upload a photo of yourself wearing these blue pumps to Instagram or Twitter with #9WFTBC and tag @NineWest, and the company will make a donation to FTBC, up to $275,000. Order a pair online at **www.ninewest.com** starting today, or find them in stores beginning Oct. 6. And from Oct. 15-21, with every purchase in store or online of $125 or more, Nine West will donate $25 to FTBC.

ONEHOPE Wine Pink 365 Gift Box, $49

Half of the profits from each chardonnay box set to fund clinical trials through The Gateway to Cancer Research.
www.onehopewine.com

Lucy's Cookies

The allergy-friendly and gluten-free chocolate chip cookies will come in a limited-edition package this month. Share a sweet bite to benefit the American Cancer Society, which Lucy's is supporting with a $50,000 donation.
www.drlucys.com

Estee Lauder Companies

Estee Lauder is highlighting survivors and supporters with first-person stories throughout the year through the "Hear our stories. Share yours." campaign. Each brand under its umbrella will contribute to the Breast Cancer Research Foundation.
www.BCA campaign.com

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Where we stand on breast cancer

Awareness month. BreastCancer.org founder talks genetic testing, tailored treatments and the Angelina Effect.

Women in Colorado take part in Race for the Cure last weekend. / GETTY IMAGES

As an oncologist and a survivor herself, Dr. Marisa Weiss knows the urgency felt by those diagnosed with breast cancer. Genetic testing has accelerated the pace of innovation.

"The treatments for breast cancer are really getting very tailored," she says. "One of the things we learned about breast cancer is that it's not one disease; there are different types of breast cancer that behave very differently and are treated differently."

As Breast Cancer Awareness month begins, Weiss, the founder of BreastCancer.org, tells Metro how the field has changed in the last year and what's on the horizon.

Where do we stand?

"We are not making headway in terms of the incidence of breast cancer, but our methods of detection have improved, giving us more precise tools for finding it early, when it's most treatable."

What's new in the field?

"Just over a year ago, Angelina Jolie shared her personal story about having the BRCA1 gene in her family, and so there is the Angelina Effect: About twice the number of women are getting genetic testing now than before. In addition, the Supreme Court took the patents off the [BRCA] genes, which allowed many more companies to come into the marketplace to test for BRCA1/2 as well as other genes. They also brought the price down."

What looks promising?

"What's driving these advancements is trying to better understand the genes and proteins that turn on and turn off breast cancer growth, as well as their ability to behave in certain ways, like invade normal tissue."

EVA KIS
@thisiskis
eva.kis@metro.us

Facts & figures

- Breast cancer is the second most common cancer diagnosed worldwide, with 1.7 million new cases in 2012.
- It accounts for one in every four cancer cases in women globally.
- More than 6.3 million breast cancer survivors are alive today worldwide.

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Horoscope

♎ Libra | Sept. 23-Oct. 22. By the time you explain what you want done, you could have completed the work yourself. Take time to do the things you enjoy.

♏ Scorpio | Oct. 23-Nov. 21. Use your peers as sounding boards to get feedback regarding your next venture. You'll receive some worthwhile contributions and suggestions.

♐ Sagittarius | Nov. 22-Dec. 21. Retreat to the sidelines and watch what develops. You should delay making any decisions or refinements to your plans.

♑ Capricorn | Dec. 22-Jan. 20. This is a fine time to move forward with a professional change. Expect a minor windfall or a reimbursement.

♒ Aquarius | Jan. 21-Feb. 18. Excessive financial or emotional upheavals need to be avoided. Practice patience and learn to take gradual steps.

♓ Pisces | Feb. 19-March 20. Prove your value. You have the knowledge to be successful, but your talents will go undiscovered if you don't show others what you can offer.

♈ Aries | March 21-April 20. Keep your creative ideas under wraps. It's likely that you will find a market for your innovations, but this is not the right time to leave your current employer.

♉ Taurus | April 21-May 21. Love and romance will be at the top of your list. Sharing your feelings will strengthen your bonds.

♊ Gemini | May 22-June 20. Residential changes are imminent. Get started redecorating or renovating. Legal and real estate issues will come to a favorable conclusion.

♋ Cancer | June 21-July 22. You are in a high creative cycle. You will be able to make the most of every situation if you let your intuition guide you.

♌ Leo | July 23-Aug. 22. All work and no play is unhealthy. Prepare something that you can do with your peers in order to reduce your stress level.

♍ Virgo | Aug. 23-Sept. 22. Stay on equal terms in a personal relationship. If you are constantly making concessions, it's time to start a dialogue.

EUGENIA LAST

Sudoku: Easy and hard

			1				7	
3	6	1				4	8	2
5		7		6				
	7	9			8	1		
		6	4			3	9	
				8		6		3
6	9	2				8	5	4
	1				4			

	1		7	2				
2		7	8			9		3
		6	9					
		4					2	8
1	3			6			4	9
9	8					3		
					9	5		
5		3			7	4		2
				5	2		3	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Publishing letters denying climate change irresponsible

Re: 'Climate change is a natural cycle for Earth' (Metro, Sept. 30)
Climate change is well documented as a real phenomenon caused by man. This is backed up by everyone from the scientific community to the Pentagon and the Pope. You would not print letters about the world being flat or letters denying the Holocaust.

Please stop printing climate denialism. A great many real lives are at stake.

CRAIG S. ALTEMOSE, VIA EMAIL

Re: 'Climate change is a natural cycle for Earth' (Metro, Sept. 30)
Sir, I don't think that you understand global warming at all. Yes, there have been periods of cooling and heating over the billion-year history of the Earth due to "wobbles" in its orbit that causes changes in amount and direction of sunlight. However, according to NASA, these wobbles and other factors are too small to explain the rapid increase in the average temperature of our planet. Check your facts. This isn't some fad that is going away next week.

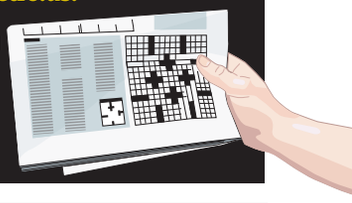
K. SWEENEY, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Visit us online at **Metro.us.**

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



Crossword

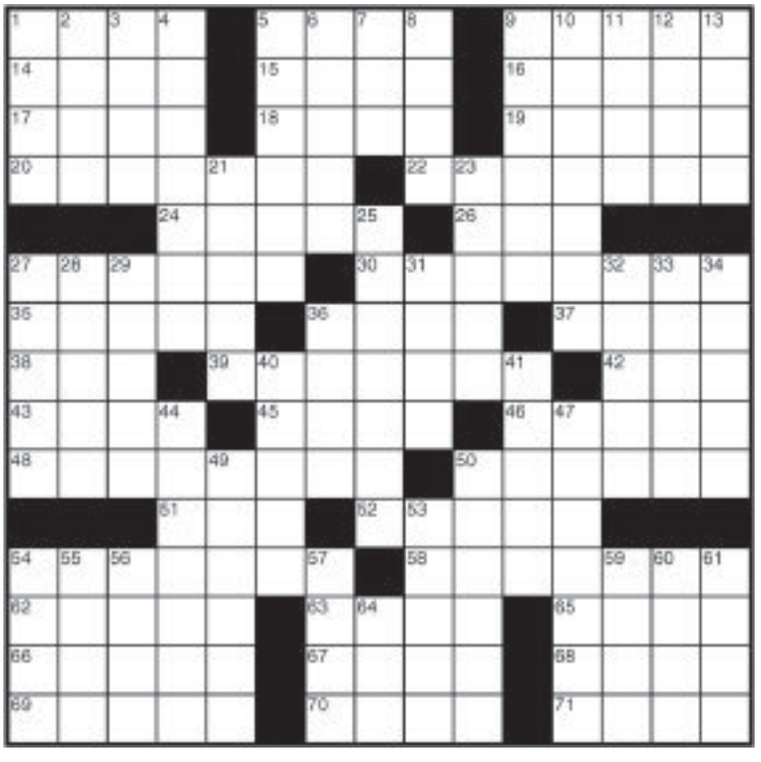
Across

1 Minor mistake
5 Toga party host
9 Exploded
14 Roman "censor"
15 More than fume
16 Savory smell
17 Confirm
18 Dumpster output
19 Full range
20 007's cocktail
22 Compass needles
24 Rajah's land
26 Aloha token
27 Zodiac fishes
30 Approach indirectly (3 wds.)
35 Can't stomach
36 Lab weight
37 "Just the facts, —"
38 Brewed beverage
39 Bird's penthouse
42 Resort
43 Fictional plantation
45 Important decades
46 Kind of printer
48 Got better
50 Stroke gently
51 Capote on Broadway
52 Round dwellings
54 Pagodas and temples
58 Single (2 wds.)
62 Unfettered
63 Crushed grapes
65 Beatty and Rorem
66 Vows venue
67 And others (abbr.)
68 Survey finding
69 Minuscule
70 Distribute
71 Suggestive look

Down

1 Racket
2 Pumice source
3 Route for Ben-Hur
4 Stoa
5 Fern foliage
6 Wheel spokes
7 Give it — —
8 Technical word
9 Helped at checkout
10 Element 92
11 Chariot race locale
12 Black mark
13 Edges a doily
21 Like helium
23 Poplar, in Spanish
25 Even as we speak
27 Ms. LaBelle
28 Hardhat's support (hyph.)
29 On the ball
31 Packs it away
32 Outmoded
33 Seals a package
34 Bradley and Sharif
36 "Primal Fear" star
40 Ziegfeld show
41 Surveyors' maps
44 Potter or glassblower
47 Weapons cache
49 Mean and nasty
50 Hold gently
53 Convoy chaser (hyph.)
54 Shutter part
55 Pocket flaw
56 By heart
57 Watch winder
59 Dog-owner's shout
60 — fixe
61 Bygone despot
64 Motorist no.

Yesterday's answer



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Mets 2014 report card

The Mets' eight-year streak of missing the playoffs continued in 2014. Metro delivers your end-of-season report card.

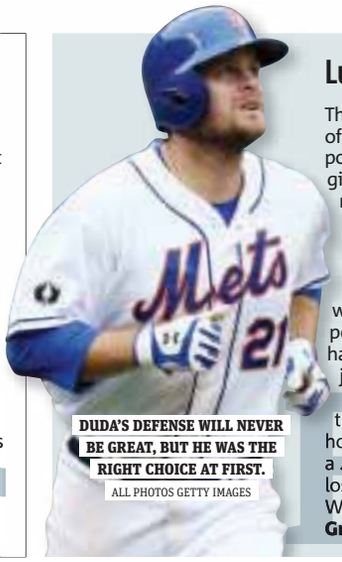
MARK OSBORNE
mark.osborne@metro.us

Travis d'Arnaud

The season did not start out well for the Mets' top hitting prospect. But after a quick trip to Triple-A he returned as the prospect the front office thought he'd be when he was acquired in the R.A. Dickey deal.

It looks like the Mets have secured the first franchise catcher since Mike Piazza. He finished with 13 homers and 22 doubles and batted .272 after being recalled in late June.

Grade: B–



DUDA'S DEFENSE WILL NEVER BE GREAT, BUT HE WAS THE RIGHT CHOICE AT FIRST.

ALL PHOTOS GETTY IMAGES

Lucas Duda

The Mets get plenty of criticism for making poor decisions. Let's give them credit for making the right pick between Duda and Ike Davis.

Duda piled up 30 homers and 92 RBIs with a .349 on-base percentage, while Davis had a .344 OBP, with just 11 homers.

Duda became the first Met to hit 30 home runs with at least a .250 average since Carlos Delgado and David Wright did it in 2008.

Grade: B+

Daniel Murphy

It's probably time the Mets, and some fans, stopped talking about trading Murphy.

He led the team in offensive WAR for the second straight season (3.4) thanks to a team-high .289 average and 37 doubles. He also led the team in hits by 28.

Unless the Mets think there's no chance of re-signing him at a reasonable rate after 2015 it makes no sense to talk deals.

Grade: A–

Ruben Tejada

The Mets can't get themselves a real shortstop fast enough. But they'll have to spend some money this offseason to do it.

Tejada once and for all proved he's not the future at the position by hitting just .237 and showing no power. His ability to take walks was greatly outweighed by just 16 extra-base hits in 355 at-bats. Wilmer Flores gave you 20 extra-base hits in 100 fewer at-bats. It's time to move on.

Grade: D

David Wright

What is going on with David Wright?

The Mets captain went from sinking ship to sunk with the worst season of his career in 2014.

His .269 average is poor, but you could live with it if he hadn't lost his power completely. Not only did he hit just eight homers (the third straight year he's declined), he was only fourth on the team in extra-base hits (39). The Mets better hope it was just a balky shoulder.

Grade: D

Eric Young

Young led the Mets in steals (30) — and was tied for 12th in MLB — but that's about the only positive for him.

Young is a fourth outfielder who would be a nice bench player on a winning ballclub. With the Mets, he got 77 starts. Left field, along with short, is the biggest need for the team. By the end of the season, Kirk Nieuwenhuis — a fourth outfielder in his own right — was often playing in Young's stead.

Grade: D

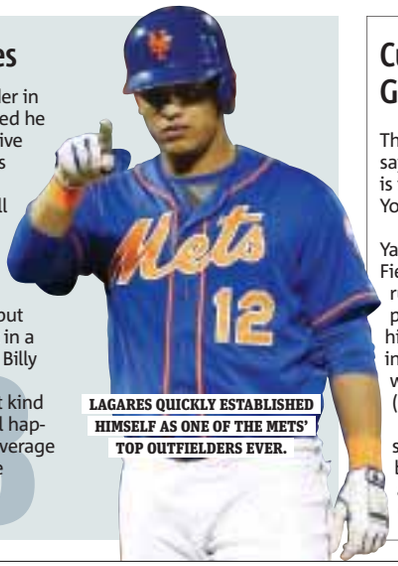
Juan Lagares

The best outfielder in the majors showed he had some offensive game this year as well.

It's hard to tell whether he'll win the Gold Glove since it's a poorly handled award, but he should take it in a close battle with Billy Hamilton.

And with that kind of defense, you'll happily take a .281 average and .326 on-base percentage.

Grade: B



LAGARES QUICKLY ESTABLISHED HIMSELF AS ONE OF THE METS' TOP OUTFIELDERS EVER.

Curtis Granderson

The nicest thing you can say about Granderson is that he wasn't Chris Young.

The move from Yankee Stadium to Citi Field meant 30 home runs was no longer a possibility, but he did hit nine more doubles in 2014 than he did with the Yanks in 2012 (his last full season).

But $60 million should do more than buy you a .227 average and 1.3 WAR.

Grade: C–

3 SPORTS

Back in charge

Sparano to coach Raiders

Former Jets offensive coordinator Tony Sparano was named interim head coach for the Raiders on Tuesday after the team fired head coach Dennis Allen late Monday. Sparano served as offensive line coach under Allen. He was let go by the Jets after just one season in 2012.

Visit **Metro.us** to see how we graded the Mets pitching staff.

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